

- 1) Games and Sports are man's cultural heritage" elaborate this statement". (5)
- 2) Explain the role of Physical Education in promoting National Integration. (5)
- 3) What do you mean by Sports training? Write any four importance of Sports training. (5)
- 4) What do you mean by Repetition method? Write any two advantages & disadvantages (5)

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GOOD LUCK STAY SAFE AND STAY AT HOME

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